



TELL
SOMEONE NO



SELF CONSENT



ASK SOMEONE TO
HANG OUT AS
FRIENDS



CONSENT
PRACTICE
DICE



ASK SOMEONE
ON A DATE



HIGH FIVE



HOW TO ASSEMBLE

1. Cut around the full outline of cube.
2. Once cut, fold the cube along all black lines to establish structure.
3. Tuck all white folds into the cube to hold structure.
4. Tape edges to secure.

HOW TO PLAY

1. Roll the dice with folks at your table, friends, or anyone else you'd like to play with.
2. Choose to engage in an activity from the category you land on.

CONSENT PRACTICE DICE

Nurture new connections!

Share only what you're comfortable with
and respect everyone's boundaries.

Physical: Notice what feels best to you.

Intellectual: Share and foster ideas.

Spiritual: Expand one's purpose.

Emotional: Notice how one feels.

Environmental:

Experience your surroundings.

Tell someone No



Where is your favorite spot to
relax on campus?

How do you make your room
feel cozy?

What is your ideal studying
environment?

Self Consent



How do you define spirituality
in your life?

Take a few deep breaths
together. How do you feel?

How do you notice everyday joys?
Like a nice breeze or sunset.

Ask someone to hang out as friends



If you were to take a group
fitness class, what would it be?

How can you be mindful when
walking to class?

Ask to hang out



What is a topic you can always
rant about?

If you could create a class to
teach, what would it be?

How do you recharge after a big
study session?

High Five



What do you value in a
friendship?

How do you practice self-care
after a challenging day?

What advice do you have on
making new connections?