

# What are Participant Directed Services?



Participant Directed Services empower people by expanding the amount of choice and control they have over who provides their services and supports, and the ways in which those services and supports are provided.



This allows participants to:

- Select and hire their own Support Service Professionals (SSPs)
- Train the SSPs to provide services in a way that meets the participants' needs
- Create the SSPs' schedules
- Supervise the SSPs
- Dismiss SSPs from employment

# How do Participant Directed Services work?



Office of Developmental Programs (ODP) offers two types of Participant Directed Services. The type a person chooses depends on how much control and responsibility the person wants to have. People can also self-direct some services and use a provider agency for other services.



FOR MORE INFORMATION,  
contact your supports coordinator or call  
ODP's Customer Service at 1-888-565-9435.

## What services can be self-directed?

- Assistive Technology
- Companion
- Homemaker/Chore
- In-Home and Community Support
- Participant-Directed Goods and Services (P/FDS Waivers and Community Living only)
- Respite
- Supported Employment
- Supports Broker Services
- Education Support Services
- Specialized Supplies
- Home Accessibility Adaptations
- Vehicle Accessibility Adaptations
- Family/Caregiver Training and Support
- Public Transportation and Transportation Mile