



HEALTH EQUITY

Institute on Disabilities
at Temple University

**Health is the continued practice of wellness
rather than the absence of disease.**

What is Health Equity?

“Health equity means that everyone has a fair and just opportunity to be as healthy as possible. This requires removing obstacles to health such as poverty, discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay, quality education and housing, safe environments, and health care.” ([RWJF.org](https://www.rwjf.org))

We work with self-advocates and community partners to do research, provide training and technical assistance, and run programs and services that address the social drivers of health and wellness.

- We use a strengths-based, holistic approach to health that re-imagines systems of care
- We use an intersectional lens and center the lived experience of those most impacted by inequity
- We uplift Pennsylvania's strong community of advocates
- We support existing community assets and help ensure their accessibility



(continued on back)

*Reach out to learn more about how
we can work together! iod@temple.edu*

Healthy Sexuality

Everyone deserves the opportunity to build relationships and explore their own sexuality and gender. We focus on increasing access to quality information and resources on building healthy relationships, consent and boundaries, sexuality and gender, and sexual health.



Food Justice

Everyone has a right to nutritious, culturally appropriate, and delicious food. The food we eat not only impacts our health, but it is also intimately related to our culture and histories. We focus on supporting grassroots efforts to create accessible and sustainable food systems for individual and community wellbeing.

Access to Care

Improving access to care for people with disabilities starts with making health information more accessible and making sure that care locations are accessible—and not just physically! Health care providers need the competencies to best support disabled people. We focus on increasing cultural competence and accessibility in healthcare through research and education.



Covid-19

People with disabilities have been significantly impacted by Covid-19. We work to address the specific needs of our community during the pandemic and beyond by working to increase access to technology, reduce social isolation and loneliness, improve health messaging, and increase access to vaccines and testing.



Learn more about Health Equity on our webpage.