Writing IM4Q Considerations for State Center ICF/MR’s

IM4Q Statewide Training

July 19 and 20, 2011

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and parent of son living at State Center
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Basic principles of ICF/MR facilities are:

- Each individual has capacity for growth and development
- Each individual should have access to services that enhance his/her development, well-being and quality of life
ODP State Centers
Intermediate Care Facilities for Persons with Mental Retardation (ICF/MR)

Basic principles of ICF/MR facilities are:

- Each individual should have access to the most normal and least restrictive social and physical environments consistent with his/her needs

- Each individual’s services should be delivered in accordance with a single, comprehensive individual rehabilitation plan that is developed, monitored, coordinated, and revised by members of a duly constituted interdisciplinary team
State Center Mission Statement

To create a healthy and safe place that supports people to have a person centered full and rich life
A Look into the Past
Institutional Living Back Then
Today ........
A closer look......
State Center Facts and Figures

- Number of State Centers – 5
- Census – 1159 (6/20/11)
- Ebensburg Center – 275
- Hamburg Center – 120
- Polk Center – 293
- Selinsgrove Center – 310
- White Haven Center - 161
Reasons for the Center Changes

- 1971 – Legislation authorizing ICF/MR as an optional Medicaid service
- 1975 – Protection and Advocacy system is mandated
- 1978-1980 - States expend nearly $1 billion to obtain ICF/MR certification for large facilities
Reasons for the Center Changes

1991 – Pennsylvania Department of Public Welfare adopts the *Everyday Lives* concept as the framework for the service system. This concept was that people receiving services wanted to have a life like other people in the community, with or without a disability.
Reasons for the Center Changes

1997 – ODP Planning Advisory Committee recommended that independent monitoring of the State’s system experiences of individuals supported, their families and providers delivering supports be developed in Pennsylvania.
Guiding Principals

Everyday Lives – What People Want
The Importance of Considerations

Many changes have occurred for the individuals interviewed as part of the IM4Q survey.

Some examples:
Carolyn

We went to visit Carolyn, a woman at Polk who was at the time of our visit being visited by the Chaplin. Several staff including nurses were around her bed. The staff, Carolyn’s sponsor for 15 years greeted us stating they had forgotten we were coming. It was a difficult time because Carolyn had been in very bad health for a long while and was not expected to live long. The staff stated they were doing everything we could.

We asked what he could tell us about Carolyn. Carolyn never gets out of bed, she does not use words and she loved to watch everything around her. He stated I remember you guys were here a few years ago and talked to me. You came up with the idea of a fish tank. We got a little tank we plugged in with a moving fish. She would watch her fish off and on all day, when people were not with her. We looked at Carolyn with all of the staff and could not see the tank. The staff identified the tank had been unplugged and placed in a cornered since she had gotten so sick. We had our one consideration… Carolyn might enjoy watching her fish swim around. Tears ran down the male staff’s eyes as he said I really wanted to do something to do to make her last days better. That’s a great idea, I will move it and set it up right away. A couple of weeks later we were back on the unit and the male staff came up to us and thanked us for coming in last week for Carolyn. He said that Carolyn had CTB last week but smiled as she watched her fish during the last week of her life. I think the fish actually helped me as much as it did Carolyn.
James states he would like to move to the community and have a job in the community.

In May 2011, James began a part time job at a local Dairy Queen. He is scheduled in June to begin talking with local provider agencies as part of his goal of moving to the community.
Ben

Ben came to Hamburg Center in 2008. He lived at Penhurst where he was given an advocate Polly. She became an important part of his life. He has been in many living situations and came to Hamburg from a Community Home after a six month hospital stay. He as placed at Hamburg due to medical issues.

In order to be able to visit with Polly more often it was thought that Ben might be able to travel closer to her home to meet her. Also, since Ben is very interested in using the computer, perhaps SKYPE visits could be set up for Polly and Ben to communicate in between visits.
C. IM4Q Survey Results Considerations

1. The IM4Q Program Coordinator or designee reviews and edits IM4Q Team considerations to ensure that each final IM4Q Program consideration sent to the State Center and County is:
   • Concisely written in plain language
   • Constructive
   • Focused on the outcome that needs to be achieved or an issue that needs to be addressed, not on a particular service or method to be used in addressing the consideration.
   • Identified by the source or originator of the consideration (person receiving services, family, provider staff, or monitor).
   • Individualized based on the person’s interview and team observations
   • Inclusive of any and all service related concerns expressed by the person or family during the interview even when the consideration is not related to the IM4Q questions.
Please take 15 minutes to read and come up with your own considerations for the scenario given.

PRACTICE SCENARIOS
Chad

Chad is a 52 year old male who resides at Ebensburg Center. He lives in Sunset House in a room with three other individuals. He has lived at Ebensburg Center since 1966 when he and his family chose for him to live there. Chad’s sister is his legal guardian and she lives in Pittsburgh. Chad’s sister gave consent for him to be surveyed, but did not want to be a part of the survey.

Chad is verbal and able to respond on his own behalf so the survey was completed with Chad and his staff. Chad currently works as the janitor for the Senior Center at Ebensburg Center and is paid for his work as well as cleaning floors and making beds. He said that he loves where he works and where he lives and he does not want to go anywhere else. Chad identified Joe, a staff member as a friend that he likes to do things with as well as his housemates, Alfie and Hootie. Chad said that he gets along well with his roommates and they like him. He was not able to choose them, but he did get to meet most of them before they began living together. He does vote, but does not carry and ID card with him.
Chad does have the opportunity to explore the campus without staff or any supervision. Chad told the team that he does not have anything that he would like to learn. Chad said that he has enough money to do things he wants and is able to choose what he buys with his money. Chad goes into the community at least twice a month to shop, to go out to eat, or run errands. Chad also went on vacation this past year with his family and on trips with his family. Chad goes home for every major holiday. Chad talks about his 5 sisters and all of his nieces and nephews. Chad frequently goes to community events such as local ball games, fairs and festivals. Chad takes you to his room to show you his bed. His bed has a large throw with a picture of Chad and his sisters on it. Chad tells you that he is a diabetic and he is very knowledgeable of what he can eat and do, how to care for his medication and what his schedule should be so as not to have issues with his diabetes. Staff present tells you that Chad has at times hurt himself or destroyed the furniture for that reason Chad does not have any furniture in his room. At least one staff member working with Chad has known him for 12 years. Staff present seems to respect Chad and say he is independent and intelligent.
Alice

Alice is both deaf and blind. She has resided at the center since 1952. She seems to like to walk, which seems to be mostly what she does. While sitting with us during the interview she occasionally spread her hands over the table as if she were looking for something. Otherwise, she sat patiently until she got bored and then proceeded to get up and wander off. Alice has snap clothing so she can dress herself more easily. Most often she has one-on-one care and is taken to events/activities occurring throughout the center as well as the various programs offered. She has had no visits since 1961, therefore no Family Survey could be done.
Austin

Austin does not communicate using words (non-verbal). He has resided at the Center since 1971 at which time he was 26 years old. He suffers from Down’s Syndrome and has recently been diagnosed with Alzheimer’s as well as dementia, according to staff. He is also tube fed. Austin gets visits from his mother, now in her 80’s and his brother at least once to twice a week. Health permitting, he attends activities offered at the Center and out into the community. He has one-on-one care and also receives PT and OT daily.
David

David is a 49 year old male who resides at Ebensburg Center. He lives in Sunset House- West 1 with 3 other individuals. David has lived at Ebensburg Center since 1966 when his parents chose for him to live there when he was 5 years old. David’s parents live near Pittsburgh and correspond with him via cards and letters. On weekdays David attends Harmony House. David is non-verbal and communicates his satisfaction/dissatisfaction via behaviors and facial expressions. Staff present told the team that David would be unable to use a communication device. As the team, you try to talk to David, but he only looks at you with no response and goes to sleep. In talking to staff you learn that David has severe seizures and is on medication that causes David to be lethargic at times throughout the day. Staff report that even on the medication, David still has severe seizures. The doctors closely monitor his medication, but there is no other way to help David. Staff said that if a cure could be found for seizures, David may be able to do more, but the seizures and medication take a toll on David. Staff present at the interview has known David for 20 years. Staff answered the supplemental EDE and told the team that David seems to enjoy where he lives and going to Harmony House because, “he does not express anything, but he seems agreeable.”
David does not seem to have a particularly close relationship with any other residents or staff, but is content with everyone. David did not choose his roommates, but staff reports if there would ever be any issue they strive to find the best match for everyone by doing visits before someone moves. David goes into the community at least once a month to go shopping and out to eat. David attends local Curve baseball games, the Cambria County Fair, and other local festivals as his health and the weather will permit. A Tour of David’s room shows that there are no family photos, but his bed decorated in a fishing and wood theme. Staff tells you that David likes to be outside watching his surroundings.

When you call the parents to complete the FFG survey, David’s mother says that she does not wish to complete. She said that David’s father recently suffered a heart attack and his Aunt passed away and she is too overwhelmed.